



HOME DELIVERIES - Order & Payment - PH: (03) 5925 9322



### PASTRIES / BAKED GOODS


	DONUTS	Jam, Cinnamon or Iced	\$ 4.00		CHOC CAKE	Vegan chocolate cake	\$ 5.00
	DANISH	Fruit & Custard	\$ 8.50		MUFFINS	'Muffin of the day'	\$ 6.00
	CRONUTS	Custard	\$ 9.50		'BIENENSTICH' (BEE-STING)	Honey, almond, custard	\$ 9.50
	CROISSANTS	Plain	\$ 7.00		SCONES	Plain (min 6)	\$ 19.95
		Chocolate	\$ 8.50			Sultana (min 6)	\$ 19.95
		Almond	\$ 9.50				
	FINGER BUNS	Cinnamon	\$ 5.00		OAT FREE ANZAC BISCUITS		\$ 7.00
	SCROLLS - sweet	Cinnamon / Coffee	\$ 5.00		SCROLLS - savoury	Cheesymites	\$ 5.00
	CUSTARD TART		\$ 6.50		YO-YOS	*** 3 FOR \$10.00***	\$ 4.00
	LEMON CURD TART	Chocolate lined shortcrust	\$ 8.50		MUESLI SLICE	Honey or Vegan, contains NUTS	\$ 5.00
	COOKIES	Choc Chip (DF,EF), Jam Drop, Smartie, Monkey Face, Cornflake	\$ 4.50		APPLE STRUDEL	Contains WALNUTS	\$ 8.50



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	'SHANES' VANILLA SLICE		\$ 8.50		TARTS	Lemon / Jam tart	\$ 3.00
						Neenish	\$ 4.00
	HEDGEHOG		\$ 5.50		APPLE PIE		\$ 8.50
	APPLE CAKES		\$ 7.00		APPLE CRUMBLE		\$ 8.50
		SLICES			GINGERBREAD		
		Caramel, Pine-Lime, Jaffa, Lemon, Fig & Quinoa	\$ 5.50				\$ 3.50
		Triple Fudge Choc & Jelly	\$ 7.00				
	'PRUFFLES' Wholefood	Chocolate	\$ 3.50		CHERRY RIPE SLICE		\$ 7.00
		Cherry Choc					
		Salt. Caramel/black sesame					
		Lemon Blueberry					
		Choc-Peppermint					
		Jaffa					

### CAKES

	SWISS ROLL	Jam (DF) or Lemon curd			BAKED CHEESECAKE	Vanilla, sponge base	\$ 8.50
		Slice	\$ 5.00				
		Whole	\$ 19.95				
	LAMINGTONS	Jam filled	\$ 6.00		CHEESECAKE (Biscuit Base)	Salted Caramel Macadamia, Nutella	\$ 7.00
	MOUSSE CAKE (DF)	Strawberry Choc	\$ 8.50		CUPCAKES		\$ 4.50
		Chocolate					
		Passionfruit					
		Raspberry					



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### CAKES

	FLOURLESS CAKES	Orange Almond	\$ 7.00		BREAD & BUTTER PUDDING		\$ 8.00
		Chocolate					
		Lemon Poppyseed					
	RASPBERRY COCONUT TEA CAKE (DF)		\$ 8.50		RASPBERRY WHITE CHOCOLATE MUD CAKE		\$ 8.50
	CARROT CAKE	Contains Walnuts	\$ 7.00		OPERA SLICE	Coffee Cream	\$ 8.50

### CAKES

FULLY DECORATED 'Chocolate' CAKE			
	6" \$ 35.00		
	8" \$ 55.00		
	Plaque \$ 5.00		
	Chocolate ganache/vegan choc & fresh fruit		

FULLY DECORATED 'Raspberry White Choc Mud' CAKE			
	6" \$ 35.00		
	8" \$ 55.00		
	Plaque \$ 5.00		
	White Chocolate & fresh fruit		

FULLY DECORATED 'Baked Cheesecake' CAKE			
	6" \$ 40.00		
	8" \$ 60.00		
	Plaque \$ 5.00		
	White Chocolate & fresh fruit		

FULLY DECORATED 'Carrot' CAKE (contains NUTS)			
	6" \$ 40.00	round	
	8" \$ 60.00	round	
	Bar \$ 50.00		
	Plaque \$ 5.00		
	White Chocolate & Berries (contains Walnuts)		



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## PIES / PASTIES / SAUSAGE ROLLS / VEGAN

	Plain (DF, FF)	\$ 8.50		SAUSAGE ROLLS		PASTIES		
	Steak & Mushroom (DF)	\$ 8.50						
	Steak & Cheese (FF)	\$ 8.50						
	Steak & Pepper (DF, FF)	\$ 8.50						
	'Brekkie' - steak, bacon, egg, cheese (FF)	\$ 8.50						
	Steak & Curry (DF, FF)	\$ 8.50		FAMILY PIES / QUICHE		OTHER	Cornish (DF, FF)	\$ 9.00
	Potato Top (DF, FF)	\$ 8.50					Vegetarian (DF, FF)	\$ 9.00
	Steak & Caramelised Onion	\$ 8.50						
	Pasta Bolognese	\$ 8.50					Spinach & Fetta Triangle	\$ 8.50
	Chunky Chicken & Veg	\$ 8.50				VEGAN		
	Chicken & Veg Curry	\$ 8.50					VEGAN Roll - vegies	\$ 8.50
	Beef & Burgundy	\$ 8.50					Protein Roll - Soy/pea	\$ 10.00
	Pumpkin & Bacon (DF)	\$ 8.50					Spinach & Potato PIE	\$ 8.50
	Quiche Lorraine (FF)	\$ 8.50						
	Quiche, Spin/fetta (FF)	\$ 8.50						
	Cauliflower Cheese	\$ 8.50						
	Apple	\$ 8.50						

	LASAGNE	Single serve	\$ 12.50		SPANIKOPITA	Single serve	\$ 9.00		FRITTATA	Single Serve	\$ 9.00
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## BREAD

	CRUSTY BREAD ROLLS (Vegan)		\$	2.00			'GF PRECINCT' LOAVES		Buckwheat	\$ 9.95			
	FOCCACIA (Vegan)	Herb & Sea Salt	\$	5.50					Sprouted	\$ 9.95			
									Market Loaf	\$ 9.95			
									Quinoa & Soya	\$ 10.50			
									Fruit loaf	\$ 10.50			
					WELL & GOOD 'ARTISAN' LOAVES / VIENNA								
					LARGE LOAVES (Egg, Soy & DF)	White	\$	13.00				White	\$ 9.00
												Olive	
						White Seeded	\$	13.00				7 Seeds	



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## BREAD

### 'GLUTEN FREEDOM' BREADS & ROLLS



Sweet Potato Sour Dough	\$ 10.50
Broken Black Rice & Polenta	\$ 10.50
Sweet Potato Buns (3)	\$ 7.50
Hemp & Rosemary Buns (3)	\$ 8.50

### 'GF PRECINCT' BUCKWHEAT WRAPS



YEAST FREE - 4 pack - Freezes well and doesn't crack!	\$ 9.95
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## PANTRY STAPLES



LONG LIFE MILK

Soy	\$ 4.95
Almond	\$ 5.95
Lactose Free	\$ 4.00



LUXE MUESLI  
\$ 17.95



BREAD  
CRUMBS  
\$ 7.95



WHOLEGRAIN RICE  
VERMECELLI

\$ 8.50

### Regional Victoria's CASALARE PASTA \$ 5.95 ea



### CHEESY MAC Single Serve



Mushroom Smoky Bacon Cheddar	\$ 4.90
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MEAL BASE SAUCES	\$ 8.50
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## PANTRY STAPLES

### FLOUR (PLAIN/SR) \$ 8.95



### 1KG COFFEE BEANS \$ 45.00



Little  
Rebel  
Coffee  
Roastery  
'Black  
Sheep'

### BREAD MIX / WHOLEMEAL FLOUR / PASTRY FLOUR



\$ 9.95

### CAKE MIXES / CRUSTY BREAD MIX \$ 7.95 ea

